

Valentine's Weekend Workshops 2012

with Damian Thompson & Julianne Martens



Location: Weller's Hill Sporting Club, Esher St, Tarragindi

Workshop 1 – Saturday 11th February 11am-12.30pm

Interrupting the Giro and Molinete

Leading to create a continuation of the forward/side giro step. Trepidatious interruptions: This is where the leader uses either enganches or ganchos to change the outcome of the giro.

LUNCH BREAK – 12.30pm-1pm – BYO Snacks and drinks

Workshop 2 – Saturday 11th February 1pm-2.30pm

The Woman's Planeo

From calesita to planeo - How one step became the other. This lead gives a follower time to adorn whilst pivoting on one foot and doing firuletes with the other.

Workshop 3 – Sunday 12th February 12.30pm-2pm

Combining Techniques - Boleos to Sacadas (INTERMEDIATE level & above)

Initially we will explore back contra boleos to forward sacadas for the follower; then for the more advanced, forward boleos to back sacadas (time and technique permitting).

Workshop 4 – Sunday 12th February 2.30pm-4pm

Change of Direction. Simple changes of direction using contra-body movement. Used with the medio Giro for a smooth and connected exit.

COST: \$30 per workshop or \$100 for all four.

Please contact Julianne for bookings on 0422 156 630